



Santa Rita School Course Offerings

Adult Secondary Education

HU Offered To: 1, 2, 3, 4, 6, 7, 8, 9, 21, 22, 23, 24, and 25

Course Description: This course is designed to help students improve the academic skills necessary to earn a high school diploma and move on to post-secondary education opportunities and/or the workforce. Through individualized programming and regular progress monitoring students' complete the courses necessary to earn a high school diploma in the state of California. Students have the opportunity to pass the GED exam while working towards their diploma

Anger Management

HU Offered To: 3, 4, 6, 7, 21, 23, 24, and 25

Course Description: This course provides students with an opportunity to explore the roots of anger and family violence along with the negative effects of these behaviors. Topics include how to take responsibility for choices, strategies for reducing family violence, emotional regulation, communication skills, relationship building, and how to actively parent while incarcerated. Student will receive the guidance and support needed to explore ways in which they can reduce anger, stress, and resolve conflict.

Baking

HU Offered To: 24 and 25

Course Description: This course is a study of the fundamentals of baking including dough, quick breads, pies, cakes, cookies, tarts, and basic items made in a bakery. Students will be instructed in baking terminology, tool and equipment use, formula conversions, functions of ingredients, and the use of proper flours. The course will allow students to develop a skillset necessary for successful transition into the Baking Industry.

Computers

HU Offered To: 24 and 25

Course Description: This course provides student with an opportunity to improve their basic computer skills. Students will gain basic skills such as keyboarding, process for saving and modifying documents. They will also gain the knowledge and experience of how to use Microsoft programs such as Word, Excel, PowerPoint, Desktop Publisher and Outlook while working on practical assignments such as resumes, cover letters, and budgets.

Computer Coding

HU Offered to: 25

Course Description: This course teaches computer science and programming by using a multiplayer live coding strategy platform. Students will gain a better understanding of the role computer programming plays in the work environment and overall society.



Santa Rita School Course Offerings

Employment Readiness/Job Readiness Training

HU Offered To: 3,22, 23, 24 and 25

Course Description: This course is designed to support students in becoming prepared and confident with the job search and professional development process. Students will explore their current skills, and interest, as they align with industries and occupations. Through journaling, discussion, individual/group work and role play students will develop a deeper understanding of the processes leading to getting hired and moving forward on their career path.

Food Handler Certification

HU Offered To: 24 and 25

Course Description: This course provides training in food handling safety and sanitation for students interested in a career in the Hospitality Food Services and/or Cooking Industries. Certification is required for any person who works in a food facility and performs duties that involve the preparation, storage, or service of food in a food facility.

Job Readiness Training

HU Offered To: 3, 22, and 23

Course Description: This course provides students with an opportunity to prepare themselves to successfully transition into employment. This class will allow students to explore and identify employment interests and develop the soft skills necessary for gainful employment. Students will learn skills such as professional communication, interpersonal skills, time management, job etiquette, and how to successfully function in a work environment. Student will work on developing resumes, cover letters, and interview skills necessary for the job search.

Parenting Inside Out

HU Offered To: 3, 4, 6, 7, 21, 23, 24, and 25

Course Description: This course provides students with an evidence-based, cognitive-behavioral parenting management skills training program specifically created for incarcerated parents. It provides students with an opportunity to learn how to promote healthy child adjustment, prevent misbehavior from children, actively parent while incarcerated and interrupt the cycle of intergenerational criminality.

Restorative Justice

HU Offered To: 9 and 22

Course Description: This course looks to transform students into empowered, free-thinking, responsible individual who contributes to their own rehabilitation by examining and deconstructing underlying criminal behaviors. Students learn to identify themselves as a victim to their own offenses and to take responsibility for them. With a focus on developing empathy skills students learn how to mend the harm they have caused to themselves, others, and the community as a whole.



Santa Rita School Course Offerings

ROOTS of Success
HU Offered To: 3, 6, 7, 21, 22, 23, and 25
Course Description: This environmental literacy and job readiness program prepares students for more than 150 environmental careers designed to improve communities. Students will increase their understanding of current environmental issues, impacts on communities and how to prepare for jobs in “green” industries. Classes cover topics such as water, waste, transportation, energy, building, health, food, agriculture, community organizing, financial literacy, and social entrepreneurship.

Substance Abuse
HU Offered To: 3, 4, 6, 7, 9, 21, 22, 23, 24, and 25
Course Description: This course provides students with an opportunity to learn about the dynamics of addiction and explore the process on a personal level. Through guided journaling, discussion, individual/group work, and role playing, students will develop a deeper understanding of addiction’s impact on themselves, their family, and the community. Students will also explore strategies for relapse prevention through personal development and identification of triggers.