

ALAMEDA COUNTY SHERIFF'S OFFICE DETENTION AND CORRECTIONS POLICY AND PROCEDURE	NUMBER: 8.26 PAGES: 1 of 3
RELATED ORDERS:	
ACA 4-ALDF-2B-02, 2B-03	
G.O. 1.05	
MJS 1058	
P&P 8.29	
ISSUED DATE: August 22, 1994	
REVIEW DATE: December 4, 2015	
REVISION DATE: September 21, 2013	
CHAPTER: Security and Control	SUBJECT: Use of Restraints to Prevent Self-Injury, Injury to Others, Property Damage etc.

- I. **PURPOSE:** To establish a uniform procedure for the use of restraints (Minimum Jail Standard 1058, "Use of Restraint Devices").
- II. **POLICY:** Restraints shall be used only as a prevention against self-injury, injury to others, property damage, or other occasions as may be approved by the facility Commanding Officer, his/her designee, and the medical/mental health staff. Restraints should be utilized only when it appears less restrictive alternatives would be ineffective in controlling the disordered behavior. Restraints will be applied for only the amount of time absolutely necessary, and shall never be applied as a punishment.
- III. **DEFINITION: RESTRAINT DEVICES:** Restraint devices include, but are not limited to, any device when it is used to prevent self-injury, injury to others, property damage or other occasions that warrant the use of restraints to restrict an inmate's movement other than regular internal and external inmate movement. Restraint devices include waist-chains, The Wrap, leg irons, handcuffs and flex-cuffs.
- IV. PROCEDURE:**
- A. In the event the use of restraints are necessary to control an inmate's behavior, and the inmate is not transferred to a medical/mental health unit, the following procedure shall be followed:
1. Physical restraints such as cloth or leather ties, etc., can only be used with the advance approval of the Watch Commander or designee and under close supervision.
 2. The deputy who utilizes restraints on an inmate as defined in this policy shall notify the Watch Sergeant prior to restraint application.
 3. The Watch Sergeant will notify the Watch Commander.
 4. The Watch Sergeant shall notify the appropriate medical/mental health personnel.
 5. Once restraints have been applied, staff will initiate direct, visual observation checks twice each successive one-half hour. These Observations will be documented on a Restraint Observation Log (ROL) labeled "Restraints" pursuant to Policy and Procedure 8.12,

“Observation Logs.”

6. The medical/mental health staff shall assess the inmate’s medical and mental health condition, and to advise whether, on the basis of serious danger to self or others, the inmate should be placed in a medical/mental health unit for emergency involuntary treatment with appropriate medical management.
7. In all cases where physical force is used, a use of force report will be submitted pursuant to General Order 1.05, “Use of Force.”
8. The appropriate report, completely documenting the incident will be submitted. The report shall include documentation of efforts for less restrictive alternatives.
9. Restraining devices shall not be used as punishment or in a way that causes undue physical pain, or restricts the blood circulation, or breathing of an inmate.

B. CONTINUED RETENTION, MEDICAL OPINIONS AND OBSERVATIONS:

1. Continued retention in restraints shall be reviewed a minimum of every two (2) hours.
2. A medical opinion on the inmate’s placement and retention shall be made no later than four (4) hours from the time of placement.
3. The inmate shall be medically cleared for continued retention at least every six (6) hours thereafter.
4. A mental health consultation shall be secured as soon as possible, but in no case longer than eight (8) hours from the time of placement, to assess the need for mental health treatment.
5. Inmates placed in restraints must be housed in single-cells. Direct visual observations shall be conducted to ensure that the restraints are properly employed, and to ensure the safety and well-being of the inmate. Such observations shall be documented as directed in paragraph IV.A.5 above.
6. Inmates in restraints shall be given the opportunity to use toilet facilities when necessary. They shall be provided with fluids to ensure that they remain adequately hydrated. Fluid refusal and/or intake should be documented on the ROL.
7. If it is safe to do so, restraints shall be loosened every two (2) hours to allow the restrained inmate to exercise extremities.
8. Restraints may not be applied for continuous periods that exceed 24-hours without renewal of the medical or mental health staff member’s order.
9. Automatic External Defibrillators are located:

- a. Sick call rooms
 - b. The kitchen
 - c. The Sandy Turner Building
 - d. The Out-Patient Housing Unit
 - e. The trauma room in the clinic
 - f. ITR Nurse's station
- C. RESTRAINTS WITH THE USE OF OLEORESIN CAPSICUM (O.C. Spray): A situation may arise where the use of O.C. spray has been ineffective and restraints must be used to control an inmate who has been sprayed. Caution must be used in restraining the subject so that breathing difficulty is not caused.
1. The Watch Sergeant shall be notified prior to the application of restraints to an inmate who has been sprayed with O.C. If prior notification is not possible, the Watch Sergeant will be notified immediately following application of restraints as described above, and all provisions of General Order 1.05, "Use of Force."
 2. The medical staff will be notified, and respond to assess, and treat as necessary.
 3. An inmate sprayed with O.C. spray shall not be placed in a prone position on his/her stomach. A subject who has been sprayed with O.C. may experience breathing difficulty, which can lead to positional asphyxia. Refer to Policy and Procedure 8.29, "Positional Asphyxia" for more information.
- D. The use of four and five-point restraints, and the restraint chair are not authorized in the Santa Rita Jail or the Glenn E. Dyer Detention Facilities.