

# MENTAL HEALTH REFERRAL FORM

NAME: \_\_\_\_\_ PFN# \_\_\_\_\_ DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

LOCATION: \_\_\_\_\_

	Yes	Comment
1. Self-Destructive Act	_____	_____
2. Suicide Ideation	_____	_____
3. Critical changes in Situation	_____	_____
4. Depressed	_____	_____
5. Mood changes	_____	_____
6. Agitated	_____	_____
7. Hostile	_____	_____
8. Insomnia/Hypersomnia	_____	_____
9. Gives Away Property	_____	_____
10. Bizarre Behavior	_____	_____
11. Homicidal Ideation	_____	_____
12. Other	_____	_____

Medical Staff Notified: \_\_\_\_\_  
(Name)

(Time)

Action Taken: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Reporting Officer: \_\_\_\_\_

Date: \_\_\_\_\_

Observation Log Started: Yes \_\_\_\_\_ No \_\_\_\_\_

## Definitions:

1. Self-destructive acts - cuts self, hangs, makes noose, bashes head against wall.
2. **Suicide Ideation** - talks of suicide, indirectly talks of suicide (the world would be a better place without me).
3. **Critical Changes** - death of loved one, major change in health status, change in loved one's health, change in marital or significant relationship, additional sentence, appeal denied, dropped from any other specialized program.
4. **Depression** - cries, emotionally flat, apathetic, withdrawn, uncommunicative, verbalize hopelessness/worthlessness, moves/speaks slowly, difficulty carrying out routine tasks.
5. **Mood Changes** - severe changes in mood from sad to happy or happy to sad.
6. **Agitation** - offender begins pacing, has excessive body movements or excessive speech.
7. **Hostility** - out of character hostility; offender normally cooperative becomes hostile.
8. **Insomnia/Hypersomnia** - sleeps too little or too much (not *one* sleepless night or one period of sleeping too much).
9. **Gives Away Personal Possessions** - pays debts, says goodbye to friends.
10. **Bizarre Behavior** - Speaks in nonsensical manner, expresses bizarre ideas, inattentive to surroundings (appears to be attending only to his/her own thoughts, appears "lost"), rapid speaking with overflow of ideas, talks to self, appears to be hallucinating.
11. **Homicidal Ideation** - talks of homicide; indirectly talks of homicide; threatens to hurt or kill someone.
12. **Other** - any observation that reporter feels significant; describe briefly.