TRAINING AND TESTING
SPECIFICATIONS FOR LEARNING DOMAIN #33
ARREST METHODS/DEFENSIVE TACTICS

July 1, 2010

RBC	Other Basic Courses					Requal		
	832	III	II	I	SIBC			
							I.	LEARNING NEED
								For their own safety and the safety of others, peace officers must maintain awareness and respond appropriately when confronted by a potential hazard or threat.
								LEARNING OBJECTIVES
X	X	X		X	X	X	A.	Demonstrate principles of defensive tactics, to include:
X	X	X		X	X	X		1. Awareness
X	X	X		X	X	X		2. Balance
X	X	X		X	X	X		3. Control
X	X	X	X	X	X	X	B.	Describe parts of an officer's body that are most vulnerable to serious injury
X	X	X	X	X	X	X	C.	Describe parts of an officer's body that may be used as personal weapons for self defense or to overcome resistance by a subject
							II.	LEARNING NEED
								Conducting a person search can be dangerous for peace officers. A peace officer's actions and reactions in these situations should always allow for a margin of safety while maintaining a position of advantage.
								LEARNING OBJECTIVES
X	X	X		X	X	X	A.	Explain factors to consider when approaching a subject and conducting a plain view search

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X	X	X		X	X	X
X	X	X		X	X	X
X	X	X		X	X	X
X	X	X		X	X	X
X	X	X		X	X	X
X	X	X		X	X	X
X	X	X		X	X	X
X	X	X		X	X	X

B. Demonstrate an approach to safely and effectively conduct a person search

C. Discuss locations where weapons and/or contraband can be concealed on a subject's body

D. Explain agency considerations and restrictions that may be common regarding a search of a person of the opposite sex

E. Explain cover officer responsibilities

F. Discuss cover officer responsibilities during a search of a subject

III. LEARNING NEED

Peace officers must be ready and physically capable of taking control of a subject and to justify their actions if the subject refuses to follow verbal commands, physically resists, or attempts to attack the peace officer during a detention or arrest situation.

LEARNING OBJECTIVES

A. Discuss a peace officer's justification to use controlling force on a subject

B. Explain advantages and limitations a peace officer should consider when applying a control hold

C. Explain advantages and limitations a peace officer should consider when performing a takedown technique

IV. LEARNING NEED

Peace officers must know the advantages of the use of a Carotid Restraint Control Hold, the risks involved, the follow-up procedures, and safety precautions.

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X	X	X	X	X	X	X
X	X	X		X	X	X

LEARNING OBJECTIVES

A. Discuss the justification for using the Carotid Restraint Control Hold

B. Describe factors which cause unconsciousness when a Carotid Restraint Control Hold is applied, to include:

1. Structures of the human neck
2. Breathing
3. Circulation

C. Describe potential hazards associated with the proper or improper application of a Carotid Restraint Control Hold, to include:

1. Physiological responses a subject may experience

D. Demonstrate procedures for handling a subject after a Carotid Restraint Control Hold has been applied

E. Explain procedures regarding medical care after a Carotid Restraint Control Hold has been applied

V. LEARNING NEED

The application of a restraint device (i.e., handcuffs, plastic flex cuffs, leg restraint devices, full body restraints) on a subject can be a difficult and potentially dangerous task for a peace officer. Peace officers must be proficient in the use of proper methods to ensure their safety and the safety of the subjects.

LEARNING OBJECTIVES

A. Explain the purpose of using restraint devices on a subject

B. Explain potential hazards when using handcuffs as a restraint device

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X	X	X		X	X	X
X	X	X		X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X		X	X	X

C. Demonstrate the correct positioning of handcuffs on a subject

D. Discuss responsibilities of the contact and cover officers when handcuffing multiple subjects

VI. LEARNING NEED

Peace officers must maintain control of their firearm(s) and when appropriate, be physically capable of disarming a subject.

LEARNING OBJECTIVES

A. Describe factors involved in retaining a peace officer's firearm

B. Demonstrate the basic techniques for peace officers to safely maintain control of their firearm in a physical conflict

C. Discuss a peace officer's tactical considerations when confronted by an armed subject

D. Discuss tactical considerations when disarming a subject

E. Discuss a peace officer's justification to retain their firearm or disarm a subject

VII. LEARNING NEED

Peace officers must know that an impact weapon is a force option.

LEARNING OBJECTIVES

A. Describe a peace officer's legal authority for using an impact weapon

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X	X	X	X		X	X
X	X	X	X		X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X

B. Discuss circumstances when a peace officer is justified in using an impact weapon

C. Demonstrate the appropriate areas on a subject's body that if struck with an impact weapon can be effective in gaining compliance

D. Describe areas on a subject's body that if struck with an impact weapon could cause serious injury to the subject

E. Discuss the use of verbal commands during a confrontation

VIII. LEARNING NEED

When transporting a prisoner, peace officers must recognize that the unpredictable nature of prisoners can create a serious threat. Officers must be aware of safety hazards and appropriate transporting procedures to ensure their safety and the safety of the prisoner.

LEARNING OBJECTIVES

A. Describe common transporting procedures that maximize officer safety and prevent prisoner escape

B. Describe the safe and secure positioning of a prisoner in an officer's vehicle

IX. REQUIRED TESTS

Exercise testing is mandated and regulated by POST Commission Procedure D-1, which states:

Academies/presenters shall provide the following to students who fail a required exercise test on the first attempt:

- An opportunity to review their results
- A reasonable amount of time, as determined by the academy/presenter, to prepare for a retest
- An opportunity to be tested on the failed test, if the student fails the second test, the studen

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X

fails the course

Required exercise testing for each format of the basic course is set forth in the Training and Testing Specifications (TTS). The student is required to successfully pass each exercise test outlined below for the specific course of instruction the student is enrolled in.

ARREST METHODS/DEFENSIVE TACTICS SAFETY

All arrest methods/defensive tactics exercise testing must be conducted under written academy/presenter safety procedures and or protocols established in accordance with the POST safety guidelines. Students are required to comply with every aspect of presenter safety procedures and or protocols during arrest methods/defensive tactics training and testing.

All one on one force on force exercise testing must be conducted with a safety officer/referee overseeing the test. The safety officer/referee has absolute control over the test and can call a halt to or stop the exercise test anytime the risk for student/staff injury exists.

A. An exercise test that requires the student to demonstrate competency in the ability to conduct the following searches:

- Visual Search
- Cursory/Pat/Frisk Search
- Full Body Search Incident to Arrest
- High Risk Search

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X

Presenters must use the POST-developed Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

B. An exercise test that requires the student to demonstrate competency in effective handcuffing technique(s).

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

Presenters must use the POST-developed Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

C. An exercise test that requires the student to demonstrate competency in a minimum of two control hold techniques.

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	X
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X				X	X	
X				X	X	

Presenters must use the POST-developed Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

D. An exercise test that requires the student to demonstrate competency in a minimum of two Takedown techniques.

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

Presenters must use the POST-developed Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

E. An exercise test that requires the student to demonstrate competency in the Carotid Restraint Control Hold.

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions
8. First Aid Assessment

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X				X	X	
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X			X	X	X	X
X		X	X	X	X	X
X						
X		X	X	X	X	X
X		X	X	X	X	X
		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X

Presenters must use the POST-developed Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

F. An exercise test that requires the student to demonstrate competency in a Handgun Takeaway techniques including a minimum of one handgun takeaway technique from both the front and rear position.

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

Presenters must use the POST-developed Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

G. An exercise test that requires the student to demonstrate competency in handgun retention techniques, The exercise including a minimum of one technique to be demonstrated from the following positions:

- A holstered handgun front retention technique
- A holstered handgun rear retention technique
- An unholstered handgun retention technique

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X	X	X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
X		X		X	X	X
	X	X				
	X	X				
	X	X				

3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

Presenters must use the POST-developed Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

H. An exercise test that requires the student to demonstrate the use of an Impact Weapon(s).

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions
8. First Aid Assessment

Presenters must use the POST-developed Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

Exercise tests developed by POST that specifically prescribes the PC 832/Module III defensive tactics techniques which requires the student to demonstrate basic search and control methods.

I. An exercise test that requires the student to demonstrate competency in the ability to conduct the following searches.

- Visual Search
- Cursory/Pat/Frisk Search

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				

- Full Body Search Incident to Arrest

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

Presenters must use the POST-developed PC 832/Module III Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

J. An exercise test that requires the student to demonstrate competency in effective handcuffing technique(s).

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

Presenters must use the POST-developed PC 832/Module III Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				
	X	X				

K. An exercise test that requires the student to demonstrate competency in a minimum of one control hold technique.

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

Presenters must use the POST-developed PC 832/Module III Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test.

L. An exercise test that requires the student to demonstrate competency in a minimum of one Takedown technique.

The student will demonstrate competency in the following performance dimensions:

1. Safety
2. Awareness
3. Balance
4. Control
5. Controlling Force
6. Proper Techniques
7. Verbal Commands/Instructions

Presenters must use the POST-developed PC 832/Module III Arrest Methods/Defensive Tactics Competency Exercise Test Form or a presenter-developed form approved by POST, which minimally includes the performance dimensions used for this exercise test

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
X	X	X	X	X	X	X
60	10	24	16	32	60	30

X. REQUIRED LEARNING ACTIVITIES

A. Student will participate in learning activity that will reinforce the student's ability to demonstrate the role of a cover-officer during a field contact to include:

1. Assuming a position of advantage and control
2. Maintaining proper balance and control
3. Maintaining awareness
4. Protecting the searching officer from possible interference
5. Physically assisting the searching officer if it becomes necessary
6. Observing subject(s)
7. Awareness of cover and concealment

XI. HOURLY REQUIREMENTS

Students shall be provided with a minimum number of instructional hours on arrest and control/baton.

XII. ORIGINATION DATE

January 1, 2001

XIII. REVISION DATE

January 1, 2004
January 1, 2006
January 19, 2007
July 1, 2008
January 1, 2009
July 1, 2009
July 1, 2010